Copeland Link Worker roles - Feb 2026

Team	Area	Host	Roles	Face-to-Face	Groups	Drop-in	Home visits	Self-referral	Ongoing support	Forum/ Newsletter	Adults	CYP	Inclusion criteria	Contact
Copeland Alliance PCN	Fellview, Lowther & Seascale practices	GPs	Adult Social prescribers Frailty Care Coordinators	✓	✓	✓	✓	✓	✓	✗	✓	✗	Social prescribers cannot work with: People with severe and enduring mental health conditions unless it's part of a package of care and has been agreed between the referrer and SPLW. People in palliative care/ people living in care home settings.	Nencicb-cu.copelandsp@nhs.net 01946 599998
Copeland Haven PCN	Distington Whitehaven (Mansion House) Egremont West Croft	GPs	Health and Wellbeing Coach Occupational Therapist Frailty Care Coordinator CYP Social Prescriber	✓	✓	✓	✓	✓	✓	✗	✓	✓	All roles except CYP social prescriber only work with adults.	nencicb-cu.havenpcn@nhs.net 01946 853322
Cumberland Social Prescribing Team	Cumberland	Council	Senior SP Officer Community Connectors & Digital Connector	✓	✗	✓	✗	✓	✓	✓	✓	✗	Over 18s only. We are low level, mainly signposting, don't hold a big case load	Social.prescribing@cumberland.gov.uk
Cumberland Health and Wellbeing Coaches	Cumberland	Council	Health and Wellbeing Coach (HAWC)	✓	✓	✗	✓	✓	✓	✗	✓	✗	Over 16s	Contacthealthandwellbeing@cumberland.gov.uk. Duty West Mobile 07769648892 Request support to improve your health and wellbeing | Cumberland Council
CVS Third Sector Referral Coordinators	North Cumbria	CVS and NCIC	Physical Health Coordinator Mental Health Coordinator	📞	✗	✗	✗	✗	✗	✗	✓	✗	Cannot work with complex psychotic episodes, suicidal behaviour or those who require assessment by mental health professionals	Pathway0@cumbriacvs.org.uk Tel: 07356156469
Age UK North Cumbria	North Cumbria	Age UK	Caseworkers	✓	✓	✗	✓	✓	✓	✗	✓	✗	Over 50s	Please call us on 01228 536673, Monday to Friday between 9am and 4.30pm.

Update due May 1st 2026 Link worker role-mapping and contacts – Fill in form